

33nd Annual Cow Days 5K Road Race/5k Walk

Sponsored by: Community Trust Bank & Signs Unlimited

Saturday, September 18, 2010- 8:00 a.m. ALL TIMES CENTRAL!
Start at Old Courthouse, in the middle of Greensburg.

- Entry Fee \$15.00 by September 17, or late entry \$20.00. Pre-registered will receive T-shirt day of race. Late entry will be mailed T-shirt if not ready by end of race.
- Race begins and ends at Old Courthouse. Moderate out and back course with gradual hills.

5k Race- Age Divisions

- Boys & Girls 14&under Men& Women 40-44
- Boys & Girls 15-19 Men & Women 45-49
- Men & Women 20-24 Men & Women 50-54
- Men & Women 25-29 Men & Women 55-59
- Men & Women 30-34 Men & Women 60-64
- Men & Women 35-39 Men & Women 65-Up

Awards Ceremony- 9:00a.m. Central, Old Courthouse. (Cow Bells!)

- Top finisher- male and female (not eligible for age group). First and second place awards in each age group. Top two Green County male and female runners.
- **5K walk this year!!!** (Prizes to top 3 male and female)

Cut and mail

Mail entry to: Tim Deaton, Green County Middle School, P.O. Box 176, Greensburg, KY, 42743. Info: call 270-932-7773 (Tim Deaton or Will Hodges) or 270-932-3700. Make checks payable Signs Unlimited. Race day check in no later than 7:45 a.m.

Name: _____ Address: _____

City: _____ State _____ Zip _____ Phone() _____

Age as of 9/18/10 _____ Sex _____

***T-Shirt Size (circle one) S—M—L—XL**

In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, my executors, administrators or assigns, waive and release forever any and all rights and claims of damages I may accrue against Community Trust, Signs Unlimited, City, County or anyone working for the Cow Days 5K Road Race.

Signature _____
(Parent sign if under 18)