

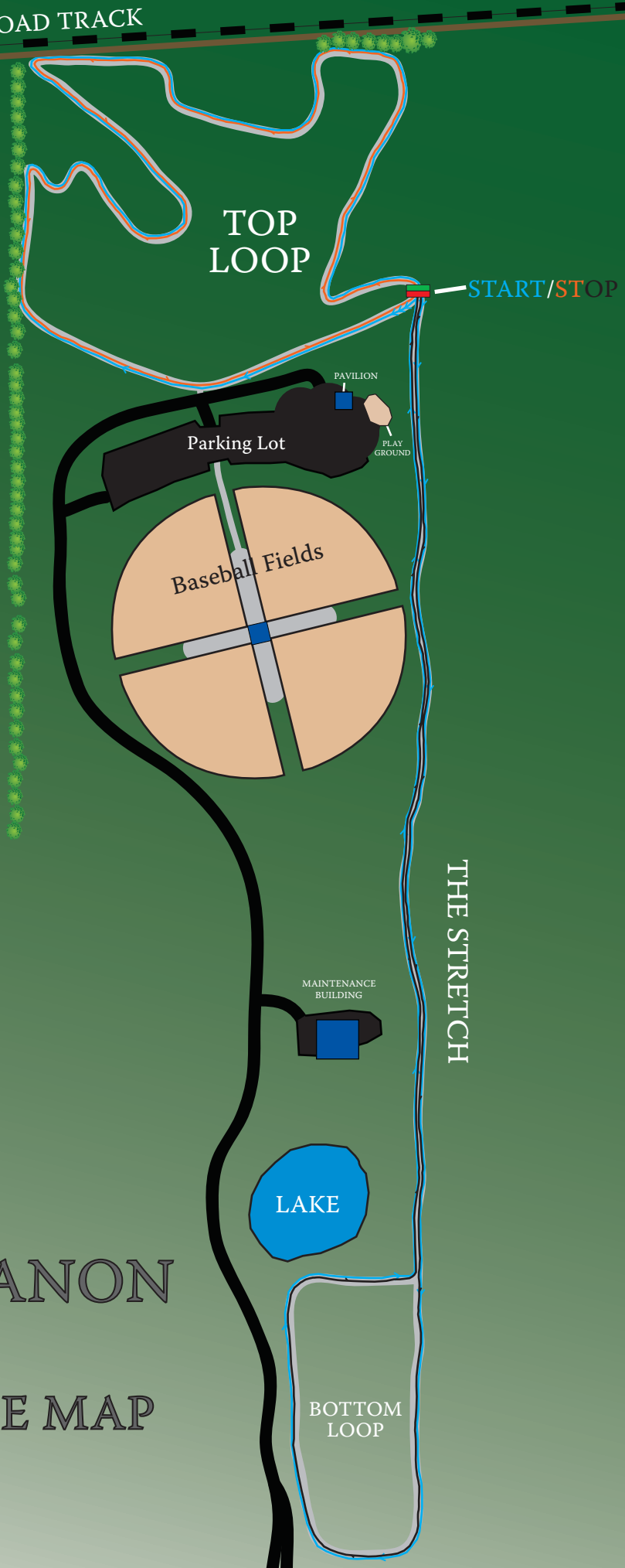
RAIL ROAD TRACK

### 5K COURSE

Begin at the START/STOP line traveling clockwise around the TOP LOOP. Travel down THE STRETCH to the BOTTOM LOOP. Travel clockwise around the BOTTOM LOOP then turn left back up THE STRETCH to the TOP LOOP. Travel counter clockwise around the TOP LOOP and end at the START/STOP line.

### 7K COURSE

Begin at the START/STOP line traveling clockwise around the TOP LOOP. Travel down THE STRETCH to the BOTTOM LOOP. Travel Clockwise around the BOTTOM LOOP then turn left back up THE STRETCH to the TOP LOOP. Travel counter clockwise around the TOP LOOP. Continue down the stretch for the 2nd time to the BOTTOM LOOP. Turn left onto the STRETCH and end at the START/STOP line.



# MIKE BUCHANON PARK

## 5K & 7K COURSE MAP